**Five-Year Plan**

**[YEAR-YEAR]**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | 2021 | 2022 | 2023 | 2024 | 2025 |
| Personal |  |  |  |  |  |
| Health |  |  |  |  |  |
| Family |  |  |  |  |  |
| Friendships |  |  |  |  |  |
| Partner relationship |  |  |  |  |  |
| Pet(s) |  |  |  |  |  |
| Home/House |  |  |  |  |  |
| Community Involvements |  |  |  |  |  |
| Travel |  |  |  |  |  |
| Creative Writing Projects |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | 2021 | 2022 | 2023 | 2024 | 2025 |
| Professional |  |  |  |  |  |
| Education & Credentials |  |  |  |  |  |
| Teaching |  |  |  |  |  |
| Research Project(s) |  |  |  |  |  |
| Writing Retreats |  |  |  |  |  |
| Publishing  |  |  |  |  |  |
| Presentations |  |  |  |  |  |
| Service Volunteer Work |  |  |  |  |  |
| Travel |  |  |  |  |  |
| Consultancy Business |  |  |  |  |  |

This template can be adapted for your particular goals.

**Pro tip:** When you set and review your annual goals each year, take time to review your five-year plan as well. At the end of the annual cycle, reflect on your achievements and adjustments you had to make along the way. Incorporate this goal setting and review process into your reflective practice for ongoing personal and professional growth.